

The Preventive Measure

SPRING 2019
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2019 Leadership

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Greetings! I hope this newsletter finds you well and excited for another year. I am starting to see pops of color outside so hopefully spring and warm weather are around the corner. Along with the arrival of the spring season comes our annual Spring Educational Conference which will be held on April 26th in Washington D.C. We hope to have the agenda out shortly.

As mentioned in the previous newsletter we had some changes and additions to our Board. I am proud and excited to serve as Board president again and look forward to growing NCAEHA. We had an in-person meeting last month to help build a strategic plan and discuss some positive changes we hope to make. We plan to send out our first annual survey to determine our member's interests within the next week. So please keep your eyes out for this short survey. We also plan on moving towards using an online membership database. We are currently trying it out and hope to launch it sometime this year. Presently, we are creating the agendas for our next Fall and Winter Educational Conferences as well as researching social and educational networking opportunities. Be sure to check us out on social media for updates, opportunities and other important information.

I am also excited to announce that registration for the FDA Central Region Retail Food Protection Seminar on August 27-29, 2019 in Washington, DC is up and running on our website. You can now register for the seminar and pay for it as well as reserve your hotel room. Check out our webpage at www.ncaeha.org for additional information.

Don't forget to submit your applications for the Jerrold M. Michael Award, James M. Wordsworth and the NEHA Certificate of Merit. Applications can be found on page 7 and are due soon.

Finally, if you are interested in being involved in NCAEHA please let me know. We are currently forming committees to include: awards, social and communication. We are a fun and energetic team and would be happy to have you on board.

I look forward to seeing many of you on April 26th for another informative conference. As always, please let myself or any Member of the Board know of any thoughts or suggestions you may have on how we may better serve you.



www.NCAEHA.com



[Facebook.com/NCAEHA](https://www.facebook.com/NCAEHA)



[Twitter.com/NCAEHA](https://twitter.com/NCAEHA)

Best Regards, *Kristen Pybus*



SAVE THE DATE

NCAEHA
SPRING EDUCATIONAL CONFERENCE

FRIDAY,
April 26, 2019



6TH FLOOR, ROOM 6002
899 N. CAPITAL ST., NE
WASHINGTON DC, 20002



MORE DETAILS TO COME!





NCAEHA IS LOOKING FOR
VOLUNTEERS TO BE ON THE
SOCIAL COMMITTEE

CALLING ALL SOCIAL BUTTERFLIES!

- Help brainstorm and plan social and educational events
- Offer ideas for events, help implement them, and host events
- Looking for enthusiastic volunteers for a FUN committee

Please send an email to VP of Membership, Nicole at NCAEHA.VP.Membership@gmail.com if you are interested!



Factors Linked with Food Workers Working When Sick

EHS-Net Study Findings and Recommendations

Sick food workers have been linked with past foodborne illness outbreaks. The U.S. Food and Drug Administration (FDA) recommends that food workers not work when sick with symptoms of foodborne illness. Such symptoms include vomiting and diarrhea.

We don't know how often food workers follow the FDA advice. If we learn more about which food workers are likely to work when they are sick, we can make recommendations to stop them from working when sick. Lowering the number of workers who work when they are sick can reduce the number of foodborne illness outbreaks.

What the Study Described

The purpose of this study was to describe traits of food workers who have worked when sick with vomiting or diarrhea.

What the Study Found

Some groups of food workers were more likely than others to say they had worked a shift in the past year when sick with vomiting or diarrhea:

Workers More Likely to Say They Had Worked When Sick	Workers Less Likely to Say They Had Worked When Sick
Males	Females
Without cooking and dishwashing duties	With cooking and dishwashing duties
With food storage duties	Without food storage duties
With 2 or more years of experience	With less than 2 years of experience
Who said fear of losing their job affects their decisions to work when sick	Who said that fear of job loss was not a factor in their decisions
Who said concern about leaving coworkers short on staff affects their decisions to work when sick	Who said that this concern was not a factor in their decisions

EHS-Net found that some groups of food workers were more likely than others to say they had worked a shift in the past year when sick with vomiting or diarrhea.



This study was conducted by the Environmental Health Specialists Network (EHS-Net). EHS-Net is a federally funded collaboration of federal, state, and local environmental health specialists and epidemiologists working to better understand the environmental causes of foodborne and waterborne illness. Visit EHS-Net at <http://www.cdc.gov/nceh/ehs/EHSNet>.

Our findings suggest that many things affect whether workers work when sick with vomiting or diarrhea. These things include

- Personal traits (gender, job experience).
- Financial concerns (fear of job loss).
- Social concerns (worry about coworkers).

EHS-Net Recommends

Food safety programs should stress that food workers should not work when they are sick. Programs need to know and address what factors affect workers' decisions to work when sick before they can lower the number of workers who work when sick. For example, restaurant practices that ensure adequate staffing if a worker is sick could reduce the number of workers who work when they are sick.



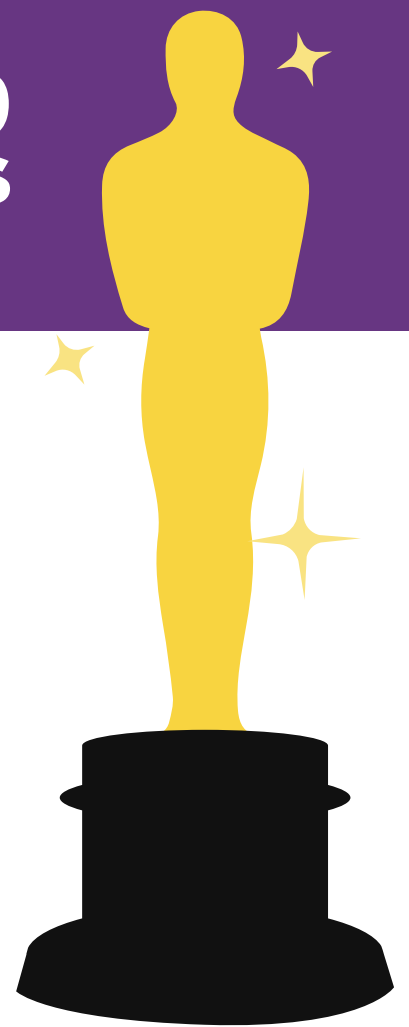
Key Terms

Environmental health specialists: public health workers who enforce health and safety standards related to food and other consumer products.

Foodborne illness: an illness caused by germs in food.

Foodborne illness outbreak: when two or more people have the same sickness after eating food from the same place.

NCAEHA 2019 Scholarship and Awards



James M. Wordsworth Scholarship

The NCAEHA James M. Wordsworth Scholarship program was established to encourage early commitment by students to a career in environmental health and to stimulate professional growth in current environmental health professionals in pursuing graduate or postgraduate studies in environmental health sciences and/or public health. Applications with original documentation must be received by June 1, 2019.

See page 7 for the application.

Jerrold M. Michael Award

Do you know of a professional who has contributed greatly to the environmental health profession? If so, nominate the individual for the 2015 Jerrold M. Michael Environmental Health Professional of the Year Award by June 1, 2019

See page 8 for the application.

Certificate of Merit Nomination

Each affiliate is invited to designate one of its members or team members to receive a Certificate of Merit from NEHA, thereby nationally recognizing one of their own for outstanding contributions to the profession of environmental health. Nominate an environmental health professional for the INDIVIDUAL Award or a group of professionals for the TEAM Award by submitting a summary of their achievements by May 1, 2019. Recipients are announced during the AEC awards program and in the Journal of Environmental Health.

See page 9 for the application.

Submit applications and necessary supporting documentation to:
NCAEHA.VP.Membership@gmail.com



National Capital Area Environmental Health Association

James M. Wordsworth Scholarship Application

About the award: James Wordsworth has been a long standing restaurateur and advocate for the work Environmental Health Professionals do to help keep the public safe. Mr. Wordsworth is an Honorary Lifetime Member of NCAEHA and every year helps make a scholarship available to a candidate that is seeking higher education in a field related to Environmental Health.

1. Name (Last, First, Middle Initial): _____
2. Permanent Address: _____
3. City: _____ State: _____ Zip Code: _____
4. Telephone Number: _____
5. E-mail Address: _____
6. Are you an active member of the National Environmental Health Association (NEHA)? YES / NO
7. Are you an active member of the National Capital Area Environmental Health Association (NCAEHA)? YES / NO
8. Education (list most current first):

School	Major	Dates	Degree
1.			
2.			
3.			

Year and date of expected graduation from current program: _____ GPA: _____

9. Employment history (list present employer first):

Employer	Job Title	Years Employed
1.		
2.		
3.		

10. Write a short summary of your professional achievements, including any major contributions you have made that resulted in the increased protection of human health and the environment. (Not to exceed one type written page, attach additional page if necessary)

11. List civic groups and other community activities of which you are a member. Also, note any special honors received. (Attach additional page if necessary)

12. Provide one letter of recommendation from either the school in which you are currently enrolled, an active NCAEHA member, or a current or past supervisor

Send completed application by June 1, 2019 to Nicole at NCAEHA.VP.Membership@gmail.com



National Capital Area Environmental Health Association

Nomination Form for: Jerrold M. Michael Award
(Environmental Health Professional of the Year)

About the award: Jerrold Michael was the Founding President of NCAEHA. He was a true leader and pioneer in the field of Environmental Health. This award is to recognize a professional in the field of environmental health that has contributed to his or her employer's environmental health mission, to the goals of the National Capital Area Environmental Health Association, and to the advancement of the environmental health profession.

NOMINATED BY:

Name: _____

Job Title: _____

Address: _____

Phone: _____

E-Mail: _____

NOMINEE:

Name: _____

Job Title: _____

Employer: _____

Please attach a brief (one page or less) explanation of the reasons you believe that the above named individual should be selected as this year's Jerrold M. Michael Award recipient. Specifically describe how this person has contributed to his or her employer's environmental health mission, to the goals of the National Capital Area Environmental Health Association, and to the advancement of the environmental health profession.

THE NOMINATION COMMITTEE MAY CONTACT YOU FOR ADDITIONAL INFORMATION.

Nominations may be sent either by postal service or email to the NCAEHA
and must be received by June 1, 2019.

Send complete nominations to:

Nicole

NCAEHA Vice President of Membership

NCAEHA.VP.Membership@gmail.com



National Capital Area Environmental Health Association

Nomination Form for: NEHA Certificate of Merit Award
For Individual or Team



About the award: Each year at the NEHA Annual Educational Conference & Exhibition (AEC), NEHA recognizes an individual or team, from each of its Affiliates, who has made outstanding contributions to the profession of environmental health. It is one of the benefits of your affiliation with NEHA and your local Affiliate chapter. This is a National recognition.

NOMINATED BY:

Name: _____

Job Title: _____

Address: _____

Phone: _____

E-Mail: _____

NOMINEE:

Name: _____

Job Title: _____

Employer: _____

Please attach a brief (one page or less) explanation of the reasons you believe that the above named individual or team should be selected as this year's Certificate of Merit Award recipient. Specifically describe how this person or team has contributed to the field of Environmental Health.

THE NOMINATION COMMITTEE MAY CONTACT YOU FOR ADDITIONAL INFORMATION.

Nominations may be sent either by postal service or email to the NCAEHA
and must be received by May 1, 2019.

Send completed nominations to:

Nicole;

NCAEHA Vice President of Membership

NCAEHA.VP.Membership@gmail.com



SEEKING VOLUNTERS FOR:

AWARDS COMMITTEE

- **Be apart of the NCAEHA Annual Awards/Scholarship review panel for 2019**
- **Collaborate with the VP of Membership to review 4 award types**
- **Task involves: reviewing submitted nomination applications; selecting awardees**
- **Involvement: minimal; communication is done via email**

**Contact VP of Membership, Nicole:
NCAEHA.VP.Membership@gmail.com**



JOIN NCAEHA RENEW YOUR 2019 MEMBERSHIP NOW



BENEFITS OF MEMBERSHIP:

- ✓ Be a part of a local association in the DC, MD, and VA area that is focused on environmental health (EH)
- ✓ Network with other local EH professionals in academia, industry, government, private sector, and other areas
- ✓ Advance your career by pursuing a credential or certification with our discounted annual courses like the REHS, CP-FS, CPO, and more
- ✓ Gain more knowledge and/or earn up to 15 Continuing Education hours per year by attending our nearby Educational Conferences
- ✓ Enjoy a good time with your EH colleagues and build new connections at our social events
- ✓ Recognize an EH professional by nominating them for an award or scholarship
- ✓ Pursue local EH employment opportunities with easy accessibility through our announcements
- ✓ Stay updated through our newsletter, website, and social media and announcements on other events, trainings, webinars, and more

Memberships expired on December 31, 2018.
Regular Membership Renewal: \$20.00
Student and Silver Membership Renewal: \$5.00

Membership Renewal may be completed:
- Online at www.ncaeha.org/membership
- In person at the next Educational Conference

Payments are accepted in person via credit card, cash, check, or money order.



National Capital Area Environmental Health Association

Serving Washington D.C., Northern Virginia, and Maryland

Application for Membership 2019

CONTACT INFORMATION

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Contact Telephone#: _____

Email Address: _____

EMPLOYMENT INFORMATION

Current Place of Employment: _____

(Select One) Local Government _____ Academia _____ Student _____ State Government _____
Industry _____ Retired _____ Federal Government _____ Private Consultant _____

MEMBERSHIP & CREDENTIALS: NEHA Member? Yes No

Check current credentials held:

_____ REHS/RS (Registered Environmental Health Specialist/Registered Sanitarian)

_____ CP-FS (Certified Professional-Food Safety)

_____ CEHT (Certified Environmental Health Technician)

_____ RET (Registered Environmental Technician)

_____ RHSP (Registered Hazardous Substances Professional)

_____ RHSS (Registered Hazardous Substances Specialist)

CLASSES OF MEMBERSHIP (Select One)

_____ Regular (\$20) Any person who is actively employed or interested in the field of

Environmental Health and has paid current dues; current NEHA Regional Vice President

_____ Student (\$5) Any full-time student working towards a degree in Environmental Health or related field
and has paid current dues

_____ Silver (\$5) Retiree from active employment in the field of Environmental Health and has paid current
dues

_____ Honorary Lifetime (\$0) Past Jerrold M. Michael Award receipts; any person for unusually distinguished
achievement or service in the Environmental Health field as determined and voted upon by the Board of
Directors; Past NCAEHA Presidents

_____ Supporting (Charitable Donation) Any company, corporation or association with a general interest in
and desire to contribute to the objectives of the Association

Email completed applications to: Nicole at NCAEHA.VP.Membership@gmail.com For
membership dues, you may request an invoice via email or mail your check to:

Victoria Griffith, NCAEHA Treasurer
2000 Pennsylvania Avenue, NW, #361
Washington, DC 20006